



If you have Medicare and are living with two or more long-term health concerns, such as diabetes, high blood pressure, or arthritis, care management services can help you spend less time worrying about your health and more time doing what you love.

## What is CCM?

Chronic Care Management or CCM, is a program built for individuals with two or more long-term health concerns, such as high blood pressure, heart disease or diabetes.

## Does it cost anything to participate?

After you've met your annual deductible, Medicare covers 80% of the cost. Most secondary insurances cover the remainder of the cost however if your secondary insurance does not cover the cost or you do not have secondary insurance you may be responsible for a small monthly co-pay. This co-pay is, on average, less expensive than a gym membership

While Medicare has published studies that the longer you participate the better your results are, you can opt out of the program at any time by alerting your nurse.

## It's as easy as...

1. When you enroll in CCM, an experienced nurse will be assigned to manage your care between office visits.
2. The nurse will reach out to you via phone or mail on a monthly basis.



Monthly by mail



Bimonthly by phone

3. The nurse updates your health records so your doctors know how you are doing in between your office visits.

The CCM program provided by our team has had a documented impact on health outcomes – including fewer emergency room visits and hospitalizations!

Call Brandy at 810.221.1114  
and say Yes! to CCM

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Medical Advantage  
Care Management Services  
Powered by Wellbox™

Designed by Medicare.

Delivered by



Loved by All.

People, just like you,  
use our CCM to stay  
healthier longer

**96%** of participants are satisfied with the Medical Advantage powered by Wellbox program

**60%** decrease in emergency room visits and extended care stays

*"I feel more motivated to do what's right to take better care of myself"*

*"I like the follow through from the nurse and the mailings; it helps me stay on top of my health"*

Medicare has been encouraging participation in this program because it can help address health concerns and complications before they become problems.

**MANAGING  
YOUR HEALTH  
CARE CAN BE  
OVERWHELMING,  
BUT IT DOESN'T  
HAVE TO BE.**

If you have **Medicare and live with two or more chronic conditions** like arthritis, diabetes, depression, or high blood pressure, chronic care management services can help connect the dots so you can spend more time doing what you love.

**SERVICES MAY INCLUDE:**

- At least 20 minutes a month of chronic care management services
- Personalized assistance from a dedicated health care professional who will work with you to create your care plan
- Coordination of care between your pharmacy, specialist, testing centers, hospitals, and more
- Phone check-ins between visits to keep you on track
- 24/7 emergency access to a health care professional
- Expert assistance with setting and meeting health goals

Ask your doctor about chronic care management services and get the connected care you need.

For more information visit: [go.cms.gov/cmm](https://go.cms.gov/cmm)

